

# Cooperative Extension Service – Bridging Knowledge, Community

**By: Vicki Shadrick  
Extension Agent  
for Agriculture  
and Natural Resources**

I have been asked over the years “what is the extension service and what do you do”. It sounds like a question that can easily be answered, right? Honestly, it is harder than you think but keep reading to learn more about Kentucky Cooperative Extension and we may be able to help you. The University of Kentucky Cooperative Extension Service is a vital component of the University of Kentucky’s land-grant mission, designed to bring practical, research-based knowledge to communities throughout the state. This organization connects the resources of the university with the needs of Kentucky residents to promote better living, foster community development, and support community and economic development. Operating as a partnership between federal, state, and local governments, the Extension Service focuses on addressing the unique challenges and opportunities facing Kentucky citizens. Established under the Smith-Lever Act of 1914, the Cooperative Extension Service is a collaborative effort between land-grant universities and the U.S. Department of Agriculture (USDA). In Kentucky, it is managed by the University of Kentucky College of Agriculture, Food, and Environment. Our mission is to extend the university’s research and knowledge into the everyday lives of individuals, families, farmers, and businesses across the state, helping them make informed decisions and improve their quality of life. The University of Kentucky Cooperative Extension Service provides a wide array of programs and resources, typically organized into key areas such as agriculture and natural

state, Kentucky 4-H engages young people in hands-on learning experiences that build leadership, citizenship, and life skills. Activities range from STEM education and public speaking to agricultural projects and community service.

4. Community and Economic Development: This program supports local governments, businesses, and organizations

in fostering economic growth and improving community resilience. Extension agents often serve on local boards and committees within the communities they serve.

One of the Extension Service’s greatest strengths is its local presence. With offices in every county, the University of Kentucky Cooperative Extension ensures that its programs are accessible to

all residents, regardless of location. Each county office is staffed by trained agents who work closely with community members to identify needs and deliver tailored solutions. These agents serve as a vital link between the university and the public, bringing research-based knowledge directly to the people who need it most. The University of Kentucky Cooperative Extension

Service also collaborates with a variety of stakeholders, including schools, nonprofits, industry groups, and government agencies. This collaborative approach ensures that programs are comprehensive, effective, and aligned with the broader needs of Kentucky’s communities. The Webster County Extension Office staff includes Chaunda McCully (staff assistant), Ashley

Whitledge (program assistant), Vicki Shadrick (ANR agent), Wade Raymer (4-H agent) and Natalie Green (FCS agent). Give us a call if you want to learn more about the programs we offer or to help answer other questions you may have.

**Subscribe  
To  
The Banner**

## WEBSTER COUNTY WATER DISTRICT CUSTOMER NOTICE

Notice is hereby given that the Webster County Water District filed an application with the Kentucky Public Service Commission on December 30, 2024 seeking approval of a proposed adjustment to its water rates. The proposed rates shall not become effective until the Public Service Commission has issued an order approving these rates.

CURRENT RATE SCHEDULE			PROPOSED RATE SCHEDULE			DIFFERENCE PERCENT	
<b>5/8" x 3/4" Meters</b>			<b>5/8" x 3/4" Meters</b>				
First	2,000 gallons	\$ 17.50 Minimum Bill	First	2,000 gallons	\$ 22.42 Minimum Bill	\$ 4.92	28.11%
Next	4,000 gallons	\$ 7.95 per 1,000 gallons	Next	4,000 gallons	\$ 10.18 per 1,000 gallons	\$ 2.23	28.05%
Next	94,000 gallons	\$ 6.95 per 1,000 gallons	Next	94,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>1" Meters</b>			<b>1" Meters</b>				
First	10,000 gallons	\$ 77.10 Minimum Bill	First	10,000 gallons	\$ 98.76 Minimum Bill	\$ 21.66	28.09%
Next	90,000 gallons	\$ 6.95 per 1,000 gallons	Next	90,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>1 1/2" Meters</b>			<b>1 1/2" Meters</b>				
First	15,000 gallons	\$ 111.85 Minimum Bill	First	15,000 gallons	\$ 143.27 Minimum Bill	\$ 31.42	28.09%
Next	85,000 gallons	\$ 6.95 per 1,000 gallons	Next	85,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>2" Meters</b>			<b>2" Meters</b>				
First	20,000 gallons	\$ 146.60 Minimum Bill	First	20,000 gallons	\$ 187.78 Minimum Bill	\$ 41.18	28.09%
Next	80,000 gallons	\$ 6.95 per 1,000 gallons	Next	80,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>3" Meters</b>			<b>3" Meters</b>				
First	30,000 gallons	\$ 216.10 Minimum Bill	First	30,000 gallons	\$ 276.80 Minimum Bill	\$ 60.70	28.09%
Next	70,000 gallons	\$ 6.95 per 1,000 gallons	Next	70,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>4" Meters</b>			<b>4" Meters</b>				
First	50,000 gallons	\$ 355.10 Minimum Bill	First	50,000 gallons	\$ 454.85 Minimum Bill	\$ 99.75	28.09%
Next	50,000 gallons	\$ 6.95 per 1,000 gallons	Next	50,000 gallons	\$ 8.90 per 1,000 gallons	\$ 1.95	28.06%
Over	100,000 gallons	\$ 4.19 per 1,000 gallons	Over	100,000 gallons	\$ 5.37 per 1,000 gallons	\$ 1.18	28.16%
<b>Wholesale</b>			<b>Wholesale</b>				
		\$ 3.70 per 1,000 gallons			\$ 4.40 per 1,000 gallons	\$ 0.70	18.92%

If the Public Service Commission approves the proposed water rates, then the monthly water bill for a customer using an average of 4,000 gallons per month will increase from \$33.40 to \$42.78. This is an increase of \$9.38 or 28.08%. The chart below shows the current and proposed rates for an average customer’s bill by meter size:

resources, family and consumer sciences, 4-H youth development, and community and economic development. Each program area addresses specific needs within the state:

1. Agriculture and Natural Resources (ANR): Kentucky has a rich agricultural heritage, and the ANR program helps farmers and landowners optimize their operations while adopting sustainable practices. Specialists offer guidance on crop and livestock production, soil and water conservation, pest management, and farm management strategies.

2. Family and Consumer Sciences (FCS): FCS programs aim to enhance the well-being of individuals and families by providing education on nutrition, health, financial management, parenting, and housing. These programs are designed to equip families with the skills and knowledge necessary to lead healthier, more productive lives.

3. 4-H Youth Development: As one of the largest youth development programs in the

**CURRENT AND PROPOSED BILLS**  
Webster County Water District

Gallons per Month*	Meter Size	Existing Bill	Proposed Bill	Change	Percentage
4,000	5/8 x 3/4"	33.40	42.78	\$ 9.38	28.08%
10,000	1"	77.10	98.76	21.66	28.09%
15,000	1 1/2"	111.85	143.27	31.42	28.09%
20,000	2"	146.60	187.78	41.18	28.09%
30,000	3"	213.10	276.80	63.70	29.89%
50,000	4"	355.10	454.85	99.75	28.09%

The rates contained in this notice are the rates proposed by Webster County Water District. However, the Public Service Commission may order rates to be charged that differ from these proposed rates. Such action may result in rates for consumers other than the rates shown in this notice.

Webster County Water District has available for inspection at its office the application which it submitted to the Public Service Commission. A person may examine this application at the District's office located at 478 US-41 ALT, Dixon, KY 42409. You may contact the office at 270-639-9010.

A person may also examine the application at the Public Service Commission's offices located at 211 Sower Boulevard, Frankfort, Kentucky, 40601, Monday through Friday, 8:00 a.m. to 4:30 p.m., or through the Public Service Commission's website at <http://psc.ky.gov>. Comments regarding the application may be submitted to the Public Service Commission through its website or by mail to Public Service Commission, PO Box 615, Frankfort, Kentucky, 40602. You may contact the Public Service Commission at 502-564-3940.

A person may submit a timely written request for intervention to the Public Service Commission, PO Box 615, Frankfort, KY, 40602, establishing the grounds for the request including the status and interest of the party. If the Public Service Commission does not receive a written request for intervention within thirty (30) days of the initial publication of this notice, the Public Service Commission may take final action on the application.

# GRADD Senior Menu Listed For February

Following is the Green River Area Development District senior nutrition menus for the month of February 2025.

Monday, February 3, orange glazed chicken, white rice, stir fry vegetables, peaches, oatmeal raisin cookie, dinner roll, margarine

Tuesday, February 4-hamburger steak/gravy, green peas, mashed potatoes, chocolate chip cookies, clementine orange, dinner roll

Wednesday, February 5-BBQ chicken, sweet potatoes, broccoli and cheese, banana, dinner roll

Thursday, February 6-bean soup with ham, greens, cornbread, apple slices, peanut butter, V8 juice, margarine

Friday, February 7-turkey and stuffing casserole, greenbeans, mashed potatoes, chocolate pudding, clementine orange and dinner roll

Monday, February 10-pork chop, cabbage, black-eyed peas, fresh apple, dinner roll

Tuesday, February 11-egg patty, oatmeal, biscuit and gravy, banana, vanilla yogurt

Wednesday, February 12-chili with beans, baked potato, clementine orange, sour cream, margarine, oyster cracker

Thursday, February 13-baked chicken, rice, broccoli, cinnamon applesauce, margarine, dinner roll

Friday, February 14-Sloppy Joe, cole slaw, green beans, banana, hamburger bun

Monday, February 17-closed for President's Day

Tuesday, February 18-grilled chicken, roasted potatoes, carrots, peaches, sugar cookie, hamburger bun, mayo

Wednesday, February 19-meatloaf, mashed potatoes, green peas, mixed fruit, dinner roll, ketchup

bleu, sweet potatoes, green beans, banana, graham crackers, dinner roll, margarine

Thursday, February 27 pork with kraut, mashed potatoes, green peas, brownie, dinner roll

Friday, February 28-breaded fish, scalloped potatoes, broccoli and cauliflower, peaches, dinner roll, tartar sauce.



MEMBERS OF THE Webster County High School dance team are pictured here as they performed at the half-time of the basketball game last Friday night.

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### CURRENT AND PROPOSED MONTHLY RATES Webster County Water District

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20-herbed pork loin, sweet potatoes, green beans, brownie, dinner roll, margarine

Friday, February 21-baked chicken, succotash, macaroni and cheeses, banana, dinner roll, margarine

Monday, February 24-pork chop with gravy, macaroni and tomatoes, mashed potatoes, apple sauce, graham crackers, dinner roll margarine

Tuesday, February 25-cheese burger, shredded lettuce, pickle, cabbage, tator tots, fresh apple, mustard, hamburger bun

Wednesday, February 26-chicken cordon

**Support  
Businesses  
In  
Webster  
County  
By  
Shopping  
Locally**

## CURRENT AND PROPOSED BILLS

### Webster County Water District

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# Webster County Health Notes

By Pam Hunter, Facilitator

## Learn About Heart Problems

Heart and blood vessel disease—also called heart disease—includes numerous problems many of which are related to a process called atherosclerosis. Atherosclerosis is a condition that develops when a substance called plaque builds up in the walls of the arteries. This build-up narrows the arteries, making it harder for blood to flow through. If a blood clot forms, it can stop the blood flow. This can cause a heart attack or stroke.

A heart attack occurs when the blood flow to a part of the heart is blocked by a blood clot. If this clot cuts off the blood flow completely, the part of the heart muscle supplied by that artery begins to die. Most people survive their first heart attack and return to their normal lives to enjoy many more years of productive activity. But having a heart attack does mean you have to make some changes. The doctor will advise you of medications and lifestyle changes according to how badly the heart was damaged and what degree of heart disease caused the heart attack.

Heart failure: This doesn't mean that the heart stops beating. Heart failure, sometimes called congestive heart failure, means the heart isn't pumping blood as well as it should. The heart keeps working, but the body's need for blood and oxygen isn't being met. Heart failure can get worse if it's not treated. If your loved one has heart failure, it's very important to follow the doctor's orders.

Arrhythmia: This is an abnormal rhythm of the heart. There are various types of arrhythmias. The heart can beat too slow, too

through as it should, it's called stenosis. When the heart valves don't close properly and allow blood to leak through, it's called regurgitation. When the valve leaflets bulge or prolapse back into the upper chamber, it's a condition called mitral valve prolapse. When this happens, they

may not close properly. This allows blood to flow backward through them. Always tell your care-giver your symptoms of any heart ailments and get treated.

*A kind heart will send chocolate, flowers and love this Valentine's Day—coming soon everyone.*

## WCMS Academic Team Places In Governor's Cup Competition

The Webster County Middle School Academic team recently placed second overall in the district Governor's Cup competition, scoring 45 points. The school's quick recall team second in that event, and several students advanced in individual academic categories to earn a spot in the Regional Governor's Cup that will be held Saturday, February 15, at Daviess County Middle School in Owensboro.

Local students who earned

first place awards include Maddox Dunn-math; Dylan Alvey-science and arts and humanities; and Gabe Winebarger-social studies.

Isaac Canterberry earned a second place award in social studies.

Third place awards went to Maddox Dunn-language arts; Josie Cardwell, science; Isaac Canterberry-arts and humanities and Emma Harmon-composition and math.

Ethan Reeves won a fifth place award in arts and humanities.

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fast or irregularly. Brady-  
cardia is when the  
heart rate is less than  
60 beats per minute.  
Tachycardia is when the  
heart rate is more than  
100 beats per minute.  
An arrhythmia can af-  
fect how well the heart  
works. The heart may  
not be able to pump  
enough blood to meet  
the body's needs.

Heart valve prob-  
lems: When heart valves  
don't open enough to  
allow the blood to flow

## Did You Know?

Bath time is some-  
thing many parents of  
newborns and babies  
look forward to. When  
bathing newborns and  
babies, safety must be  
parents' foremost pri-  
ority. Though instances  
of children drowning  
in the bath are low, all  
it takes is a handful of  
seconds for children to  
suffer injury or even  
death in the bathtub.  
Data from the Child Ac-  
cident Prevention Trust  
reveals that the number  
of children drowning in  
the bath increased from  
four in 2019-20 to 12  
in 2021-22. Among the  
babies who drowned,  
seven were under 12  
months of age.

### CURRENT AND PROPOSED BILLS

#### Webster County Water District

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peace of mind. It also everything that you debts from your total the estate planning ning an estate planning workshop