

**AFFIDAVIT OF MAILING
OF HEARING NOTICE**

Notice is hereby given that the April 2019 issue of *KENTUCKY LIVING*, bearing official notice of hearing of PSC Case No. 2019-00008, for the purposes of examining the application of the Fuel Adjustment Clause of **LICKING VALLEY RURAL ELECTRIC COOPERATIVE CORPORATION** from November 1, 2016, through October 31, 2018, was entered as direct mail on March 27, 2019.

Anita Travis Ritcher

Anita Ritcher
Managing Editor
Kentucky Living

County of Jefferson
State of Kentucky

Sworn to and subscribed before me, a Notary Public,

This 27th day of March, 2019.

My commission expires 3-1-2021

Barbara A. Hatter

Notary Public, State of Kentucky

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Wellness, Health & You

Check in with your own health while helping others

ANN COKER

osing track of your health and forgetting check-ups and preventative care can easily happen. The Wellness, Health & You (WHY) project is an opportunity to complete a yearly survey about your health and access to care while also contributing to the advancement of health care and medical knowledge.

Created at the University of Kentucky, WHY aims to foster inclusivity in research so that we can better understand how health varies across the lifespan and in different communities. For example, a single disease can affect different types of people differently, and many medications affect men and women differently. WHY creates an opportunity for all types of people, including you, to contribute to

ADDITIONAL OPPORTUNITIES

WHY members are also notified of opportunities to participate in other research that might be of interest to them. Aime Kunes, a WHY participant, joined a research study she learned about through WHY's outreach to the LGBTQ community. During the routine exam for the study, it was discovered that she had early-stage thyroid cancer, and she was able to be treated immediately.

"Thanks to my involvement in WHY, I was blessed to participate in that study and receive early detection of my cancer," Kunes says.



a more complete understanding of how health is affected by life experiences.

One goal of WHY is to engage with communities historically underrepresented in health research, such as people living in rural areas, racial and ethnic minorities, and the LGBTQ community. WHY helps meet the needs of these communities and researchers hoping to address health issues in the communities.

Members of WHY complete a yearly survey of self-reported symptoms, health behaviors, prevention practices and access to care. Afterward, members are offered additional surveys depending on their answers. For example, there are modules for people of color, the LGBTQ community and for specific diseases, and more modules are always being added. WHY partners with scientists and investigators to ensure members' confidential, secure and de-identified data can be used to understand all aspects of health.

Building a better understanding of health requires a diverse range of experiences and voices, which is why you are invited to join WHY. Go to WellnessHealthandYou.org and click "Take Action" to become a member. **KL**

ANN COKER, PHD, MPH, is a professor in the UK College of Medicine Department of Obstetrics and Gynecology and UK College of Public Health Department of Epidemiology.

HEARING NOTICE

A public hearing will be held on Tuesday, April 16, 2019, at 9 a.m., Eastern Daylight Time, at the offices of the Kentucky Public Service Commission, 211 Sower Boulevard, Frankfort, Kentucky, to examine the application of the fuel adjustment clause of the following cooperatives for the period of November 1, 2016, through October 31, 2018. Individuals interested in attending this hearing shall notify the Public Service Commission in writing of their intent to attend no later than April 9, 2019. If no notices of intent to attend are received by this date, this hearing will be cancelled and the matter shall be considered submitted for decision based on the evidence in the record. Written notice of intent to attend this hearing should be sent to: Executive Director, Kentucky Public Service Commission, P.O. Box 615, Frankfort, Kentucky 40602, and should specify the Cooperative to which the comments relate.

Big Sandy RECC
Case No. 2019-00008

Blue Grass Energy Cooperative
Case No. 2019-00008

Clark Energy Cooperative
Case No. 2019-00008

Cumberland Valley Electric
Case No. 2019-00008

Farmers RECC
Case No. 2019-00008

Fleming-Mason Energy Cooperative
Case No. 2019-00008

Grayson RECC
Case No. 2019-00008

Inter-County Energy Cooperative
Case No. 2019-00008

Jackson Purchase Energy Corporation
Case No. 2019-00009

Licking Valley RECC
Case No. 2019-00008

Meade County RECC
Case No. 2019-00009

Nolin RECC
Case No. 2019-00008

Owen Electric Cooperative
Case No. 2019-00008

Salt River Electric Cooperative
Case No. 2019-00008

Shelby Energy Cooperative
Case No. 2019-00008

South Kentucky RECC
Case No. 2019-00008

Taylor County RECC
Case No. 2019-00008