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## Blue Grass Energy Cooperative Corporation

PO Box 990  
1201 Lexington Road  
Nicholasville, Kentucky 40340-0990  
Phone: (859) 885-4191  
Fax: (859) 885-2854

RECEIVED  
MAR 13 2005  
PUBLIC SERVICE  
COMMISSION

March 15, 2005

Beth O'Donnell Executive Director  
Kentucky Public Service Commission  
P O Box 615  
Frankfort Kentucky 40602

Dear Ms O'Donnell,

Enclosed is the affidavit of mailing of hearing notice from Anita Travis, Managing Editor Kentucky Living and two copies of the hearing notice. This is for the period from November 1, 2002 through October 31, 2004 for Case No. 2004-00469 Blue Grass Energy Cooperative Corporation.

If you have any questions, please contact me at (859) 885-2118. As always, you're continued assistance and cooperation is appreciated.

Sincerely,

J. Donald Smothers  
Vice President, Financial Services

AFFIDAVIT OF MAILING  
OF HEARING NOTICE

Notice is hereby given that the March issue of  
*KENTUCKY LIVING*, bearing the official notice of hearing of PSC  
Case No. 2004-00469, concerning the application of the fuel adjustment  
clause from November 1, 2002, through October 31, 2004, for BLUE GRASS  
ENERGY COOPERATIVE CORPORATION, was entered as direct mail at  
Danville, Kentucky, on February 25, 2005.

Anita J. Travis  
Anita J. Travis  
Managing Editor  
*Kentucky Living*

County of Jefferson  
State of Kentucky

Sworn to and subscribed before me, a Notary Public,  
this 7<sup>th</sup> day of March, 2005.

My commission expires January 10, 2008.  
Arlene Francis Toon  
Notary Public, State of Kentucky

## HEARING NOTICE

A public hearing will be held on Thursday, March 17, 2005, at 9:00 a.m., Eastern Standard Time, at the offices of the Kentucky Public Service Commission, 211 Sower Boulevard, Frankfort, Kentucky, to examine the application of the fuel adjustment clause of the following corporations for the period November 1, 2002, to October 31, 2004. Individuals interested in attending this hearing shall notify the Public Service Commission in writing of their intent to attend no later than March 15, 2005. If no notices of intent to attend are received by this date, this hearing will be cancelled. Written notice of intent to attend this hearing should be sent to: Beth O'Donnell, Executive Director, Kentucky Public Service Commission, P.O. Box 615, Frankfort, Kentucky 40602.

**Big Sandy RECC**

Case No. 2004-00468

**Blue Grass Energy Cooperative Corp.**

Case No. 2004-00469

**Clark Energy Cooperative**

Case No. 2004-00470

**Cumberland Valley Electric**

Case No. 2004-00471

**Farmers RECC**

Case No. 2004-00472

**Fleming-Mason Energy Cooperative**

Case No. 2004-00473

**Grayson RECC**

Case No. 2004-00474

**Inter-County Energy Cooperative**

Case No. 2004-00475

**Jackson Energy Cooperative**

Case No. 2004-00476

**Licking Valley RECC**

Case No. 2004-00477

**Nolin RECC**

Case No. 2004-00478

**Owen Electric Cooperative**

Case No. 2004-00479

**Salt River Electric Cooperative**

Case No. 2004-00480

**Shelby Energy Cooperative**

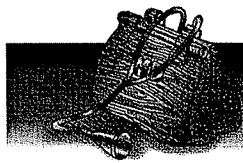
Case No. 2004-00481

**South Kentucky RECC**

Case No. 2004-00482

**Taylor County RECC**

Case No. 2004-00483



## YOUR HEALTH

# Are you at risk for stroke?

**Y**ou may be surprised to learn that the answer could be yes; stroke does not discriminate based on age, sex, or lifestyle.

"Last weekend I took care of a 23-year-old woman with an acute, disabling stroke—the unwanted surprise of her life," says Dr. Creed Pettigrew, director of the University of Kentucky Stroke Program. "Stroke is not simply Grandpa in a wheelchair who can't move one side of his body."

Of the nearly 600 stroke patients admitted to the University of Kentucky Chandler Medical Center each year, 25 percent are below the age of 55.

More than 750,000 Americans suffer a stroke each year—that's about 10 football stadiums full of people. Stroke is the leading cause of disability and the third leading cause of death in the United States.

Adults over 55, men, African-Americans, people with diabetes, and people with a family history of stroke are statistically more likely to have a stroke, but they are not the only ones at risk. Stroke kills twice as many women as breast cancer, and half of all women will die of stroke or heart disease. Four out of five families will at some point be affected by stroke.

These are sobering statistics, but not cause for panic. There is good news—80 percent of strokes are preventable. You can act now to reduce your risk with some simple suggestions and a conversation with your family doctor.

### STROKE SYMPTOMS

The National Stroke Association wants everyone to know the symptoms of stroke:

1. Sudden numbness or weakness of face, arm, or leg—especially on one side of the body.
2. Sudden confusion, trouble speaking or understanding.
3. Sudden trouble seeing in one or both eyes.
4. Sudden trouble walking, dizziness, loss of balance or coordination.
5. Sudden severe headache with no known cause.

If you or someone you know experiences any of these symptoms, seek medical attention immediately. If it is a stroke, every second counts. Stroke treatments are most effective when administered early. A delay increases the chance of brain damage, dementia, and paralysis. The NSA recommends immediately calling 911 or the emergency services number for your area if you see or have any stroke symptoms.

## Reduce stroke risk

**F**or guidelines from the National Stroke Association for reducing your stroke risk, go online to [www.KentuckyLiving.com](http://www.KentuckyLiving.com) and type in "stroke risk" in the Keyword Search box.



Allison Elliott is a senior public relations specialist with the University of Kentucky, Chandler Medical Center, Office of Public Relations.

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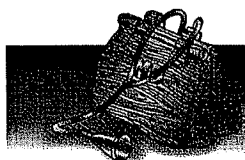
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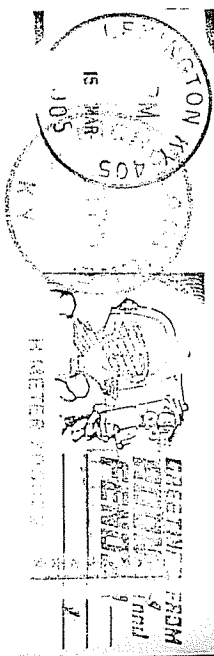
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EXECUTIVE DIRECTOR  
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MAR 10 2005  
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A Touchstone Energy® Cooperative



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