



SALT RIVER ELECTRIC

111 West Brashear Avenue • Bardstown, Kentucky 40004
(502) 348-3931 • (502) 955-9732 • Fax. (502) 348-1993

March 1, 2005

Mr. Thomas Dorman
Executive Director
Public Service Commission
P. O. Box 615
Frankfort, Kentucky 40602

RECEIVED
MAR 09 2005
PUBLIC SERVICE
COMMISSION

RE: PSC Case No. 2004-00480

Dear Mr. Dorman:

Enclosed is the original and four (4) copies of the Affidavit of Hearing Notice and original and four (4) copies of the Notice.

Should you have any questions, please feel free to contact me.

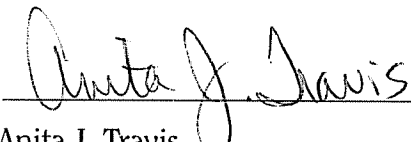
Very truly yours,

JAN HEDGEPETH,
Manager of Human Resources

Kentucky Living

AFFIDAVIT OF MAILING
OF HEARING NOTICE

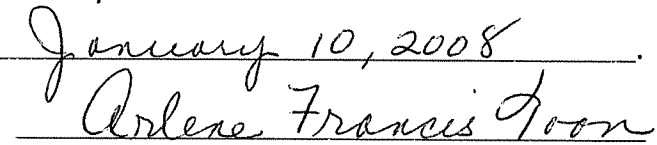
Notice is hereby given that the March issue of *KENTUCKY LIVING*, bearing the official notice of hearing of PSC Case No. 2004-00480, concerning the application of the fuel adjustment clause from November 1, 2002, through October 31, 2004, for SALT RIVER ELECTRIC COOPERATIVE CORPORATION, was entered as direct mail at Danville, Kentucky, on February 25, 2005.



Anita J. Travis
Managing Editor
Kentucky Living

County of Jefferson
State of Kentucky

Sworn to and subscribed before me, a Notary Public,
this 7th day of March, 2005.

My commission expires January 10, 2008.


Notary Public, State of Kentucky

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www.kentuckyliving.com

HEARING NOTICE

A public hearing will be held on Thursday, March 17, 2005, at 9:00 a.m., Eastern Standard Time, at the offices of the Kentucky Public Service Commission, 211 Sower Boulevard, Frankfort, Kentucky, to examine the application of the fuel adjustment clause of the following corporations for the period November 1, 2002, to October 31, 2004. Individuals interested in attending this hearing shall notify the Public Service Commission in writing of their intent to attend no later than March 15, 2005. If no notices of intent to attend are received by this date, this hearing will be cancelled. Written notice of intent to attend this hearing should be sent to: Beth O'Donnell, Executive Director, Kentucky Public Service Commission, P.O. Box 615, Frankfort, Kentucky 40602.

Big Sandy RECC

Case No. 2004-00468

Blue Grass Energy Cooperative Corp.

Case No. 2004-00469

Clark Energy Cooperative

Case No. 2004-00470

Cumberland Valley Electric

Case No. 2004-00471

Farmers RECC

Case No. 2004-00472

Fleming-Mason Energy Cooperative

Case No. 2004-00473

Grayson RECC

Case No. 2004-00474

Inter-County Energy Cooperative

Case No. 2004-00475

Jackson Energy Cooperative

Case No. 2004-00476

Licking Valley RECC

Case No. 2004-00477

Nolin RECC

Case No. 2004-00478

Owen Electric Cooperative

Case No. 2004-00479

Salt River Electric Cooperative

Case No. 2004-00480

Shelby Energy Cooperative

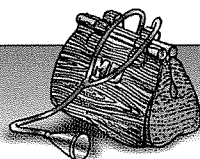
Case No. 2004-00481

South Kentucky RECC

Case No. 2004-00482

Taylor County RECC

Case No. 2004-00483



YOUR HEALTH
ALLISON ELLIOTT

Are you at risk for stroke?

You may be surprised to learn that the answer could be yes; stroke does not discriminate based on age, sex, or lifestyle.

"Last weekend I took care of a 23-year-old woman with an acute, disabling stroke—the unwanted surprise of her life," says Dr. Creed Pettigrew, director of the University of Kentucky Stroke Program. "Stroke is not simply Grandpa in a wheelchair who can't move one side of his body."

Of the nearly 600 stroke patients admitted to the University of Kentucky Chandler Medical Center each year, 25 percent are below the age of 55.

More than 750,000 Americans suffer a stroke each year—that's about 10 football stadiums full of people. Stroke is the leading cause of disability and the third leading cause of death in the United States.

Adults over 55, men, African-Americans, people with diabetes, and people with a family history of stroke are statistically more likely to have a stroke, but they are not the only ones at risk. Stroke kills twice as many women as breast cancer, and half of all women will die of stroke or heart disease. Four out of five families will at some point be affected by stroke.

These are sobering statistics, but not cause for panic. There is good news—80 percent of strokes are preventable. You can act now to reduce your risk with some simple suggestions and a conversation with your family doctor.

STROKE SYMPTOMS

The National Stroke Association wants everyone to know the symptoms of stroke:

1. Sudden numbness or weakness of face, arm, or leg—especially on one side of the body.
2. Sudden confusion, trouble speaking or understanding.
3. Sudden trouble seeing in one or both eyes.
4. Sudden trouble walking, dizziness, loss of balance or coordination.
5. Sudden severe headache with no known cause.

If you or someone you know experiences any of these symptoms, seek medical attention immediately. If it is a stroke, every second counts. Stroke treatments are most effective when administered early. A delay increases the chance of brain damage, dementia, and paralysis. The NSA recommends immediately calling 911 or the emergency services number for your area if you see or have any stroke symptoms.

Reduce stroke risk

For guidelines from the National Stroke Association for reducing your stroke risk, go online to www.KentuckyLiving.com and type in "stroke risk" in the Keyword Search box.



Allison Elliott is a senior public relations specialist with the University of Kentucky, Chandler Medical Center, Office of Public Relations.



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Bardstow, Kentucky 40004

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